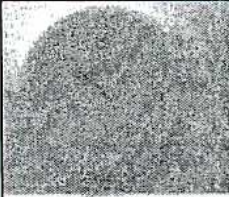
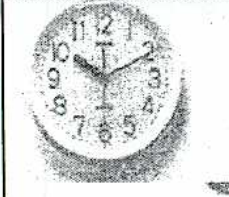


WCPSS Board Policy 5120.3

- SHAC members appointed by the Superintendent.
- SHAC reports to WCPSS BOE and Superintendent.
- SHAC prepares / submits recommendations to the BOE regarding:
 - Healthful living education policies
 - General program directions
 - Organization of health education curriculum, and services.



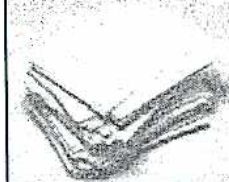
State Policy ~ Healthy Active Children



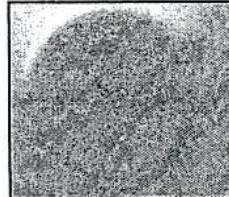
Section 1. Local School Health Advisory Council



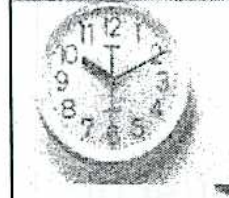
- Each school district shall establish and maintain a local School Health Advisory Council to help plan, implement, and monitor this policy as well as other health issues as part of the coordinated school health plan.



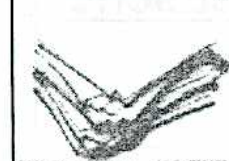
- The local School Health Advisory Council shall be composed of community and school representatives from the eight areas of a coordinated school health program.



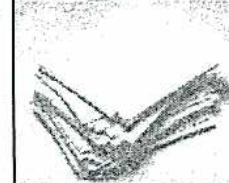
SHAC Action Items '07-'08



1. Wellness Data



- Nearly a 90% response rate from principals
- All Middle Schools responded
- 95% follow BOE policy 5120 (Health/PE requirements)
- 99% follow Standard Course of Study for Healthful Living
- 99% said their vending machines are in compliance with state requirements
- 89% do not operate fundraisers during school day
- 96% work to avoid giving food/beverages as rewards for academic performance





2. Nutrition Label



Beef & Onion Colossal Burger


Calories = 744

Total Fat = 44 grams



Pilot Sites

Elementary



Leesville Elementary
Davis Dr. Elementary
Brassfield Elementary
Carpenter Elementary
Weatherstone Elementary
Middle Creek Elementary

Middle Schools




Fuquay-Varina Middle
Ligon Middle
Martin Middle
Zebulon Middle

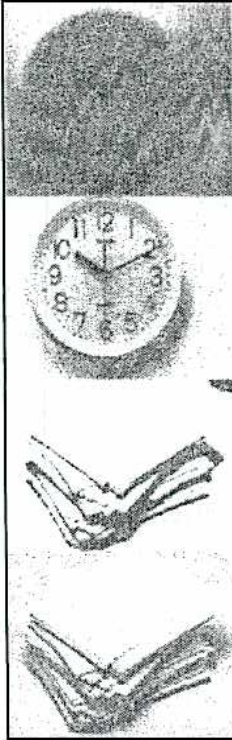
High Schools

Southeast Raleigh High
Broughton High



3. School Health Advisory Council Website

- 
- 
- 
- <http://www.wcpss.net/school-health-ac/>



Commendations & Recommendations 2008



SHAC REPORT 2008 Commendation

- **DONE** - WCPSS is now 100% Tobacco Free – now inclusive of WCPSS administrative sites.
- **IN PROGRESS** –WCPSS visibly display nutrition labels for **all** foods/beverages at the point of purchase in school cafeterias each day.
- **PROGRESS MADE** - WCPSS and Wake County focus on strategies to align the school nurse ratio with the American School Health Association.
- **PROGRESS MADE** – WCPSS establish a position to organize and direct the eight components of the coordinated school health model.



SHAC REPORT 2008

Recommendation

- WCPSS increase the Healthful Living requirement for High school graduation from 1 credit to 4 credits.
- WCPSS address the Elementary PE requirement
 - Currently, 1 day/week



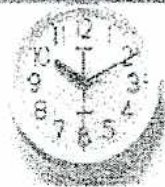
SHAC REPORT 2008

Commendation

- WCPSS for commitment to increasing number of school nurses.
 - Added 3 school nurses for 2008-2009.
- The nurses for their outstanding work performance.

Recommendation

- Continue to create / expand community partnerships that focus on strategies to successfully align our school nurse ratio with the 1:750 ratio recommended by the American School Health Association
 - The current school nurse ratio is approximately 1:2,300.
 - Today school nurses treat a wider variety of conditions than ever before.





SHAC REPORT 2008

Commendation

- Principal response to the Wellness Policy survey: nearly 90% (137 schools).

Recommendation

- WCPSS strengthen implementation of Board Policy - Wellness (#5125).
 - 69 schools (50%) answered that they do allow foods/beverages of minimal nutritional value to be served for celebration-related experiences (e.g., birthdays, etc).
 - 21 schools (15%) answered that they allow homemade items to be served to students.






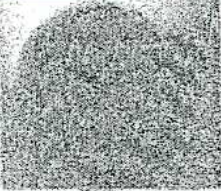
SHAC REPORT 2008

Commendation

WCPSS for creating the Director, Health Services position (formerly District Health Officer position).

Recommendation

Allocate local funding for the position of Coordinating Teacher for K-12 Healthful Living.



SHAC REPORT 2008

Commendation



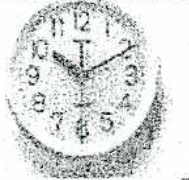
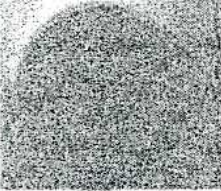
WCPSS for creating a sunscreen application procedure that ensures the safety of all students.

- Sunscreen may be self-applied to students with
- A completed *Parent Request and Physician's Order Form for Medication* (form 1702).
- Must be kept on file at the student's school.

Recommendation

WCPSS strengthen Board Policy #5120 R&P Healthful Living to reflect:

- Four credits of Healthful Living for HS graduation.
- Move the Magnet Schools into compliance with policy requirements for health / physical education.
- Opt-out waivers or substitutions are not granted in place of mandated Healthful Living requirements.
- Alignment with State Board's Healthy Active Children Policy for all students / schools.



SHAC REPORT 2008

- Thank you for your efforts addressing student health
- Healthy students are ready and able to learn.
 - Article: American School Board Journal