

INTERNATIONAL SCHOLAR
LAUREATE PROGRAM
DELEGATION
ON
NURSING
SOUTH AFRICA



International Scholar Laureate Program

Delegation on Nursing

Republic of South Africa

Summer 2008

Preliminary Schedule

This Preliminary Schedule is provided as an example of the overall quality and scope of experience offered. Specific schedules, locations and details may be modified.

Day 1 Convene and Depart for South Africa

Transfer to Dulles International Airport
Depart for South Africa

Day 2 Cape Town: The Mother City

Arrive in Cape Town
Program Orientation: Academic Expectations and Cultural Overview
Welcome Dinner

Day 3 South Africa: Health Care in a Challenging Environment

Nursing in South Africa: A Comprehensive Look at South Africa's
Health Care System
Structure of the System and Services Provided
Factors Influencing the South African Population's Medical Needs
On the Front Lines: Nurses' Role in the Provision of Health Care
The HIV/AIDS Pandemic
Equipping Nurses to Deal with HIV
Playing a Significant Role in South Africa's HIV/AIDS Strategy

Day 4 The Future of Nursing: Training and Preparation

Nursing Education in South Africa
The Making of a Nurse: Nursing Curriculum in Universities
Exploring the Fields: Choosing a Specialty
Lunch and Roundtable Discussions with Nursing Students
Nursing in Action: Clinical Visits
Examining Primary Health Care Services
Municipal Clinics
Midwife Obstetric Units

Day 5 Exploring South Africa's Heritage City

Cape Town Township Exploration: Local Life in the Cape
Afternoon at Leisure: Getting Better Acquainted with Cape Town
Kirstenbosch Botanical Garden
Table Mountain
Cape Peninsula

Day 6 Global Responsibility: Creating Change in the Community

Examining Social Services and Health Education Initiatives
Site Explorations to Non-Governmental Organizations' Projects
The Vital Role of Grassroots Organizations
Taking Action at the Local and International Level
Optional Independent Exploration: Afternoon at Leisure
District 6 Museum
Green Market Square
Victoria and Alfred Waterfront

Day 7 Experiencing South Africa's People and History

Robben Island: Monument to the Freedom Struggle
Guided Exploration by Former Political Prisoners
Victoria & Alfred Waterfront: A Modern Harbor with Old-World Charm
Air Transfer to Johannesburg
Check-in and Orientation
Evening at Leisure

Day 8 The Rise and Fall of Apartheid

Soweto: Home of the Freedom Struggle
South Africa's Largest and Most Well-Known Township
Where They Lived: Nobel Peace Prize Winners Nelson Mandela and
Archbishop Desmond Tutu
Visit to the Mandela Family Museum: Nelson Mandela's Former Home
Lunch at Wandie's Place
Apartheid Museum: History Revealed

Day 9 Prescription for Healing a Population at Risk

Public and Private Hospitals: Training Grounds for Nurses
Clinical Visits: Hospital Ward Rounds
Caring for the Next Generation: Orphanage Visits
Generations Lost: Effects of the HIV-Crisis
Building Foundation for South Africa's Future

Day 10 Delivering Health Care in Rural South Africa

Caring for Underserved Communities: Visit to a Rural Health Center
History of Center and Services Provided
Spotlight on Comprehensive Primary Care
Observing Clinic Staff at Work
Understanding the Tradition of Healing
Guided Exploration of the Muti Market
Farewell Dinner at Lesedi Cultural Village

Day 11 Homeward Bound

Morning at Leisure: Exploration of the Rosebank Craft Market
Depart for Dulles International Airport: The Last Leg of Your Journey

Day 12 Arrival at Dulles International Airport

Optional Add-On: Safari

Day 11 Journey into the African Bush

Depart for World Renowned Kruger National Park
Lunch En Route
Arrive and Check-in at Hotel
Dinner Under the African Stars

Day 12 Pride of Africa Game Drive

Kruger National Park: Game Drive
Spotting the Big Five: Lions, Buffalo, Elephants, Leopards and Rhinos
Dinner Around the Boma
Evening at Leisure

Day 13 A Walk on the Wild Side

Morning at Leisure
Kruger National Park
Tales From the Bush: Insight from Kruger Game Rangers
Afternoon Game Drive: Into the Sunset

Day 14 Homeward Bound

Travel to Johannesburg O. R. Tambo International Airport
Depart for Dulles International Airport: The Last Leg of Your Journey

Day 15 Arrival at Dulles International Airport